

APPENDIX B: Experiences, Mindsets, and Actions by Group

The following pages represent a mix of quotes and summaries of comments from various convenings.



Residents and Community

Influencing and Broadening Mindsets

- Residents and Community members received a deeper awareness and understanding of multiple perspectives and experiences
- The futures report and scenario building process stretched thinking and helped identify the conditions, showed what it takes to do this work, and prompted asking different questions
- *“Conscious of community, who I speak for, and what that means”*
- Food’s direct connection to health

Personal or Professional Actions

Change/Influence Systems

- The National Convening inspired participants to think differently, take action in the future, generate ideas, connect ideas to changes and systems, and make connections with others that want a similar future
- Being more intentional about the systems, approaches, and group processes
- *“It has helped me to be more detailed in how to incorporate resident voices and how to include the larger framework into the work so that the work itself is more robust and more effective”*

Seek Support for their Community

- Energy, comfort, and encouragement to seek support for their community
- Think more about Resident expertise and organizing under-represented people

Connecting with Others to Take Action

- Connecting with others (regionally and nationally) who are doing the same work
- *“Connecting with others to include their perspectives into my work”*

Shifts

- Positioning the futures content more locally or personally helped Residents and Community members wrap their heads around thinking about the future, especially when other priorities are more present or even outweigh their immediate health and well-being
- Residents and Community members, including participants who attended the scenario workshops, dIZIs, and the Advisory Committee, expressed appreciation and gratitude for the opportunity to share their perspectives with FORESIGHT through various stages
- Different insights created new personal and professional contexts from a wide variety of perspectives and experiences
- Offering dIZIs and the National Convening virtually allowed for participation by individuals for whom travel was complicated or impossible
- Providing access to closed captioning together with translation and interpretation for people whose primary languages are not English ensured full participation during the community-wide experiences
- Residents' opportunity to voice what they think is vital to their communities ensures a positive future for health and well-being in 30 years



Professionals

Influencing and Broadening Mindsets

Breaking down barriers to create change

- *“If we can find ways to break down the barriers that prevent us from truly understanding each lived experience and acknowledge and embrace our differences, so many challenges faced today could be improved.”*
- *“It’s prompted me to think outside of myself and challenge the notions of what will support the communities I wish to serve.”*

Provided a different lens

- *“A different perspective to addressing social determinants of health and economic well-being collectively through a more comprehensive strategy.”*
- *“It has strengthened my understanding of the systems that perpetuate injustice and inequities.”*
- Encouraged thinking less academically and more as a practitioner. Hearing about community activists’ and organizations’ work on the ground is valuable
- Highlighted the interconnectedness of many different workstreams
- *“Even with our cultural differences, Americans and Immigrants have similar morals and values. We want a better future for all.”*
- *“It opened my eyes to areas and populations that I did not normally interact with and how we should be more inclusive of their needs and wants.”*
- *“It’s made me think that we’re much closer to the future than the past.”*

Personal or Professional Actions

Reinforcing/Inspiring Change

- Reinforced a commitment to finding ways to improve and inspire transparent and engaging communication across health, social justice, and human rights issues
- Awareness of how the issues are interconnected
- Take the work with startups and the healthcare system to work toward structural changes that will positively impact health

Collaborations

- Seeking out collaborations across disciplines, identities, and geographic location
- *“Structure more opportunities to meet and discuss challenges with fellow advocates in the field.”*

Practices

- It pays to listen intently before speaking or to ask for clarification
- Thinking longer-term and more broadly
- *“Spend more time planning my action steps from now on.”*
- *“Consideration for more deeply the ways that those who are doing the work on the ground address many of the same issues I often only think about in an intellectual or theoretical sense.”*

Strategies

- *“Knowing the views of residents helped frame a different strategic outlook for the solutions.”*

Shifts

- Broadened list of potential partners
- *“Impacted by this group of incredible people from across the nation.”*
- *“The realization that we can begin making real changes and have an impact in my community and in the daily work that I do as a professional”*
- *“Harnessing the power of the community—the whole is greater than the sum of the parts.”*
- *“Deeper appreciation of the value of ‘lived experience.’”*
- *“A once-in-a-lifetime experience and enjoyed it.”*



Philanthropic Partners

Influencing and Broadening Mindsets

- *“Broadened my thinking for resource needs and challenges faced by BIPOC communities”*

Interconnections/Intersections

- *“Boosted thinking about economic well-being and social inclusion as critical to the future of health”*
- *“Helped me think through multi-solving and tying work together”*
- *“Encouraged by general agreement that to address issues there needs to be an intersectional framework—there is no one right answer”*

Structures

- *“Potential new business structures and arrangements (ownership/cooperatives) to build wealth in key sectors”*
- *“It plays a huge and integral part in understanding issues and the diverse solutions that are needed. One-size-fits-all will never work.”*

Personal or Professional Actions

Connections and Inclusion

- *“More intentional about including community and residents in a process”*
- *“Continue to center on equity”*
- *“Necessity for multiple people with varied experiences at the table”*
- *“Work more closely with community leadership”*
- *“The intentional focus on resident engagement has helped more than a few funders pivot to a deeper listening mode of philanthropy”*

Resources and Strategy

- *“Look beyond my community/locally based resources”*
- *“Invest more at the system change level”*
- *“Think about different arenas and strategies moving forward”*

Shifts

- *“Hope and inspiration that changes are inevitable”*
- *“Appreciate the widespread diversity and highlighted the shared goals and values”*
- *“Process of co-creating ideas in a diverse group was powerful”*
- *“It has been soul-reviving!”*
- Missouri Foundation for Health: *“We are rethinking the engagement of our Advisory Committee”*
- New Hampshire Endowment Health: *“We are taking what we heard from Marnita’s Table with the upcoming Civic Health Index report which will look at weathering aspects of where our state*

is decreasing trust over the time period. It will be nice to juxtapose that with the visionary things that we heard from our community gatherings.”

- Kansas Health Institute: *“We are thinking more about a structured process to think about the future, particularly engaging our local partners and that visioning piece more regularly.”*