



Regenerative practices for people and planet

Idea 34	Agricultural advances to create sustainable, environmentally-friendly, and healthy food
Proposal 34e	Use cover crops – the right ones and lots of them!
Description	Cover crops – the right ones and lots of them!
How will the proposed action advance equitable health and well-being?	A cover crop is a plant used to improve soil health and farm management. It is planted primarily to slow erosion; decrease impediments to other crops such as weeds, pests, and diseases; improve soil health, and increase biodiversity in agricultural environments. Using the right cover crops will improve the quality of the soil by cycling nutrients and preventing erosion.
Is there work we can build on?	<ul style="list-style-type: none"> • SARE (Sustainable Agriculture Research and Education)
Who would have to act? Who would be key partners?	
A few high-level action steps	
Other comments or guidance	